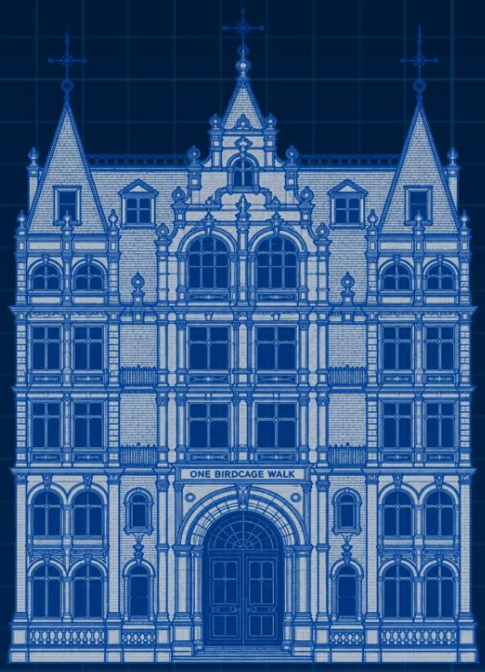
SOBAUK

Society for Obesity and Bariatric Anaesthesia

WSM 2026

Winter Scientific Meeting



4th December

One Birdcage Walk, London

Event Program

www.sobauk.co.uk

#SOBAWSM26

Program at a Glance

SESSION	08:30 – 09:00	Registration & Welcome Coffee
ONE	09:00 – 09:05	Welcome Address
	09:05 – 09:25	Lancet Commission update
	09:25 – 09:45	Obesity pharmacotherapy
	09:45 – 10:05	Surgical Future of Obesity Treatment
	10:05 – 10:20	Panel Q&A
	10:20 – 10:40	Morning Coffee Break
TWO	10:40 – 11:00	GLIMPSE study update
	11:00 – 11:20	OSA and Periop Anaesthesia
	11:20 – 11:40	Breathlessness in Obesity
	11:40 – 11:55	Panel Q&A
THREE	11:55 – 12:25	Oral Presentations
	12:25 – 13:25	Lunch Break
FOUR	13:25 – 14:25	Practical Workshop Rotations
FIVE	14:25 – 14:45	CPOC Insights
	14:45 – 15:05	Obesity Papers of the Year
	15:05 – 15:20	Panel Q&A
	15:20 – 15:40	Afternoon Coffee Break
SIX	15:40 – 16:00	The Patient Perspective
	16:00 – 16:10	A Family Perspective
	16:10 – 16:20	Q&A and discussion
SEVEN	16:20 – 16:40	Inaugural SOBA Professorial Lecture
	16:40 – 16:50	Q&A and discussion
	16:50 – 17:00	Prizes and Closing Remarks

Getting to the Venue

[One Birdcage Walk]
1 Birdcage Walk
London SW1H 9JJ



By Tube

- Westminster tube station (5-minute walk)
  Jubilee and District and Circle lines

- St James's Park tube station (5-minute walk)
  District and Circle lines

By Rail

- Victoria (Circle & District line connects to St James' Park), Waterloo (Jubilee line connects to Westminster Station) and Charing Cross (Circle & District line connects to St James' Park). Alternatively, these mainline stations are approximately a 15–20-minute walk from the venue.

By Bus

- Multiple central London bus routes stop nearby. Check Transport for London (TfL) for live route updates.

By Car & Taxi

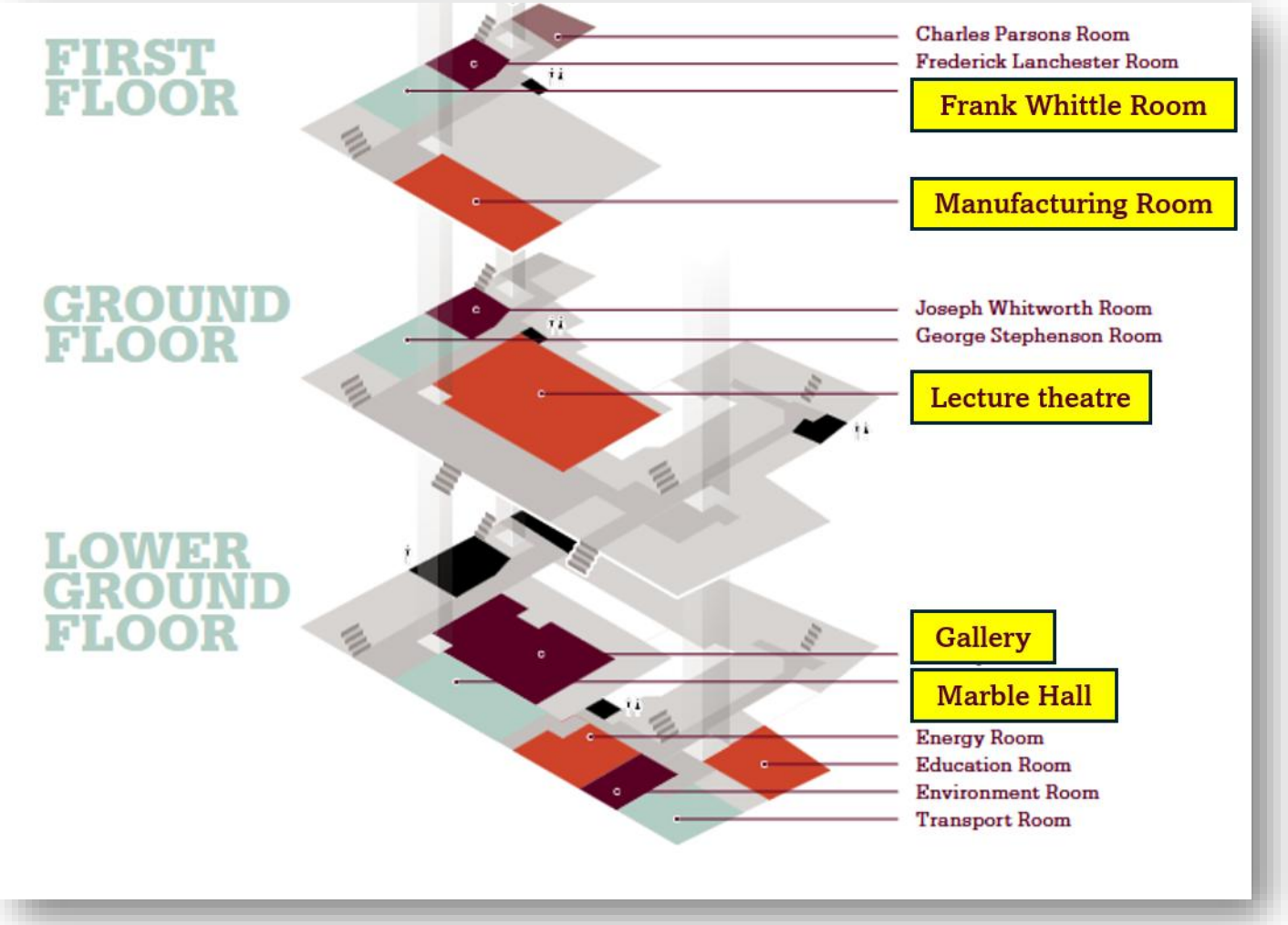
- Q-Park Victoria is a secure underground car park conveniently located just 10-minute walk away on Arneway Street. WSM guests can receive 10% off car parking, you'll need to book your car space in advance and online. You'll also need to enter the promotional code **IMECHE** when you make your online booking using the following link: Q-Park Victoria

Accessibility

- Due to the historic nature of the building, the venue requires advanced notice of step-free access and other accessibility arrangements. Delegates requiring assistance are encouraged to use the booking form to inform us or email us on info@sobauk.com at least 24 hours ahead of the meeting.

Venue Layout

Lectures:	Lecture Theatre
Refreshments and lunch:	Gallery and Marble Hall
Exhibits and posters:	Gallery and Marble Hall
Workshop 1:	Frank Whittle Room
Workshop 2:	Manufacturing Room
Workshop 3:	Manufacturing Room
Workshop 4	Lecture Theatre



Full Program

08:30 - 09:00	Registration, Coffee, and Pastries
09:00 - 09:05	Welcome Address Dr Andrew McKechnie, SOBA President

Session 1: The Changing Landscape of Obesity Care

09:05 - 09:25	Professor Francesco Rubino Chair of metabolic and bariatric surgery at King's College London *Clinical obesity and the Lancet Commission*
09:25–09:45	Professor Alexander Miras Professor of Endocrinology Ulster University, Visiting Professor and Consultant in Endocrinology at Imperial College London *The changing landscape of obesity pharmacotherapy*
09:45–10:05	Mr Ahmed Ahmed Consultant and Senior Lecturer in Surgery at Imperial College London *Title to be confirmed*
10:05 – 10:20	Q&A and discussion
10:20 – 10:40	Morning Coffee Break and Poster Viewing

Session 2: Perioperative Assessment and Risk in Obesity Anaesthesia

10:40 – 11:00 Dr Tom Potter
Consultant Anaesthetist, Guy's and St Thomas' NHS Foundation Trust
GLP-1 receptor agonists in the perioperative period: GLIMPSE

11:00 – 11:20 Dr Bran Retnasingham
Consultant Anaesthetist, King's College Hospital NHS Foundation Trust
OSA and perioperative anaesthesia

11:20 – 11:40 Dr Patrick Jamieson
Chief Respiratory Physiologist at NHS Lanarkshire
Breathlessness in obesity: beyond OSA

11:40 – 11:55 Q&A and Panel Discussion

Session 3: Oral Presentations

11:55 – 12:05 Oral Presentation 1
Abstract 1

12:05 – 12:15 Oral Presentation 2
Abstract 2

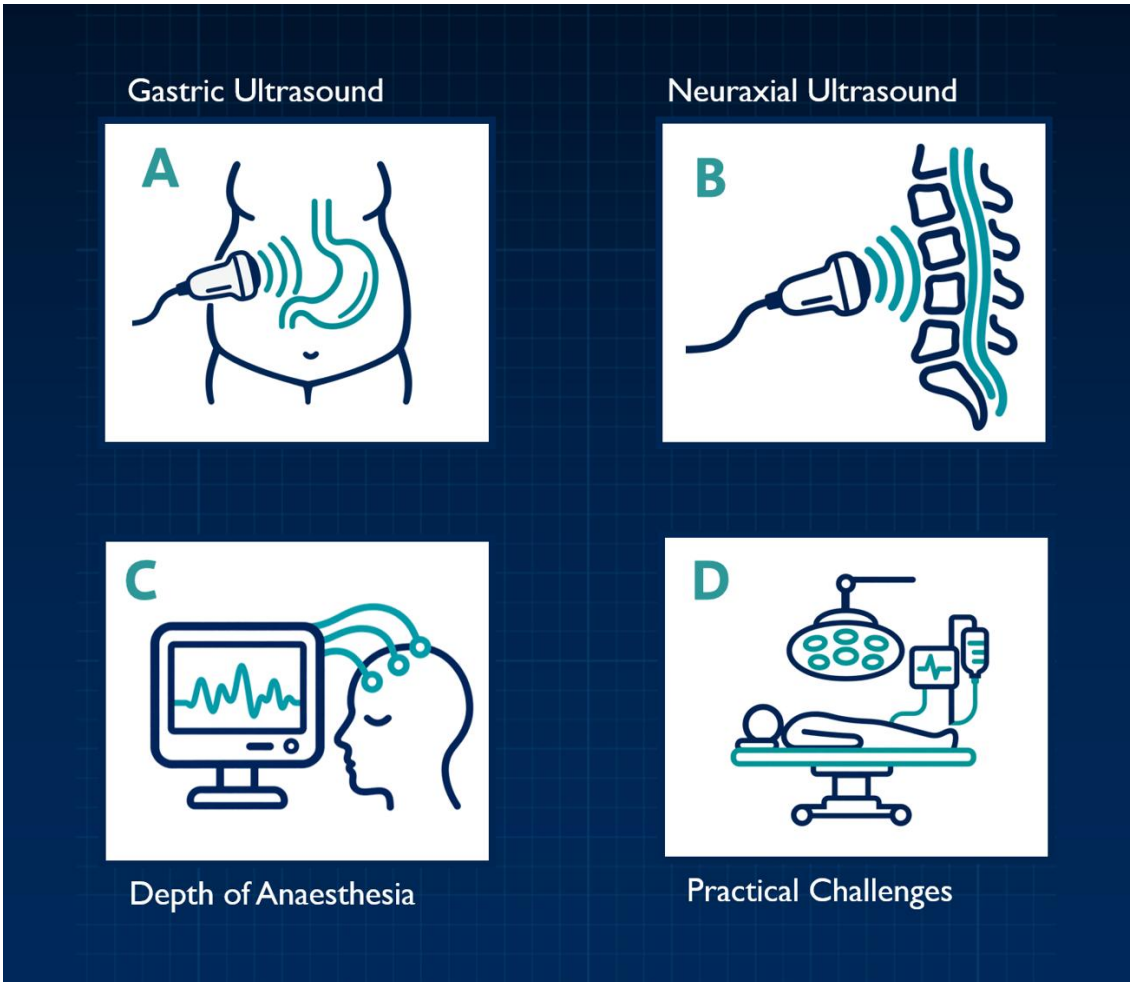
12:15 – 12:25 Oral Presentation 3
Abstract 3

12:25– 13:25 Lunch Break and Exhibition

Session 4: Practical Workshops 13:25–14:25

13:25 – 13:55 First workshop
13:55 – 14:25 Second workhop

Delegates have the opportunity to participate in two practical or interactive workshops, designed to explore important aspects of perioperative care for people living with obesity.



Advance selection is required.

Places are limited, particularly in the ultrasound and BIS workshops. Registered delegates are invited to rank their workshop preferences using the online form.

We will endeavour to accommodate preferences, but individual workshop places are subject to availability. Final allocations, including room details, will be confirmed by email before the meeting.

Workshops are included in the conference registration fee. There is no additional charge.

Submit your workshop preferences:

https://www.sobauk.co.uk/wsm2026workshops

Workshop Preferences

Session 5: Optimisation and Current Evidence

14:25–14:45 Professor Denny Levett
Consultant in critical care and perioperative medicine, University Hospital Southampton and Director of the Centre for Perioperative Care
Perioperative optimisation and prehabilitation in obesity

14:45–15:05 Dr Iona Murdoch
Consultant in Anaesthesia, Lewisham and Greenwich NHS Trust
Obesity anaesthesia: papers and research of the year

15:05–15:20 Q&A and discussion

15:20-15:40 Afternoon Coffee Break and Poster Viewing

Session 6 – Patient and family perspectives

15:40–16:00 Angela & Paul Chesworth
Patient Advocates
The patient perspective

16:00–16:10 Dr Zoe Burton
Consultant Paediatric Anaesthetist at Sheffield Children's NHS Foundation Trust
A family perspective

16:10–16:20 Q&A and discussion

Session 7 – Excellence in Obesity Care

16:20–16:40 Dr John Cousins
Consultant anaesthetist and peri-operative physician, Imperial College Healthcare NHS Trust
The Inaugural SOBA Professorial Lecture

16:40–16:50 Q&A and discussion

16:50–17:00 Oral presentation prizes and closing remarks